



CERTIFICATE OF PARTICIPATION

This is to certify that

Lindile Tokota

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:10:24

PACE 04:31/km
OVERALL 8 of 834

GENDER 8 of 563
50+ 1 of 75

08 July 2023, Sat

Date



BoutTime

Signature

